59 Women screened

31 Eligible

31 Consented

30 Randomised

28 Excluded
Reasons:
- 12 Unable to commit
- 4 Uninterested
- 7 Medically ineligible
- 5 Uncontactable

1 Screen failure
History of seizure

BMEA treatment (n=10)

Focus group participation (n=6)

Responded to semi-structured telephone interview n=8

TCM HC (n=10)

Focus group participation (n=2)

Responded to semi-structured telephone interview n=5

NHS SC (n=10)

Focus group participation (n=3)

Responded to semi-structured telephone interview n=8

Figure 2. CONSORT Diagram